

Flared A-Line Midi Dress

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Garment Type: Midi Dress | Difficulty: Confident Beginner | Provenance: Threadline Open Design Studio | License: CC BY-SA 4.0

PRINTER CALIBRATION & SCALE VERIFICATION

Measure both test squares with a rigid ruler before cutting fabric. Print at 100% scale without shrinking.



- Scale Rules:
- 1. Open in Acrobat Reader
 - 2. Select Actual Size 100%
 - 3. Do NOT Fit to Page
 - 4. Verify dimensions above

SIZE SELECTION & EASE RECOMMENDATIONS

Select size based on high bust and full bust measurement.
+6 to +10 cm bust ease; skirt panel flares generously over hips.

STANDARD BODY MEASUREMENTS CHART

Size Range	XS	S	M	L	XL	2XL	3XL
Natural Waist	62 cm	68 cm	74 cm	80 cm	90 cm	100 cm	110 cm
Full Hip / Seat	88 cm	94 cm	100 cm	106 cm	116 cm	126 cm	136 cm

FINISHED MEASUREMENTS & MATERIALS

FINISHED GARMENT MEASUREMENTS (INCLUDES DESIGN EASE)

Dimension	XS	S	M	L	XL	2XL	3XL
Finished Waist	68 cm	74 cm	80 cm	86 cm	96 cm	106 cm	116 cm
Finished Hip	106 cm	112 cm	118 cm	124 cm	134 cm	144 cm	154 cm
Garment Length	112 cm	113 cm	114 cm	115 cm	117 cm	119 cm	121 cm

FABRIC REQUIREMENTS (45 IN / 115 CM & 60 IN / 150 CM BOLTS)

Bolt Width	XS	S	M	L	XL	2XL	3XL
45" / 115 cm Fabric	3.15 yd	3.15 yd	3.15 yd	3.6 yd	3.6 yd	4.15 yd	4.15 yd
60" / 150 cm Fabric	2.5 yd	2.5 yd	2.5 yd	2.95 yd	2.95 yd	3.5 yd	3.5 yd

RECOMMENDED FABRICS & STRETCH PROPERTIES

Recommended Substrates: Lightweight to medium-weight suitable fabric substrates, Pre-washed natural fibers cotton, linen, or bamboo. Stretch Requirement: None 0% stable woven.

NOTIONS & SEWING TOOLS CHECKLIST

- ☐ Matching all-purpose polyester or cotton sewing thread
- ☐ Universal sewing needle size 80/12
- ☐ 18 to 22 inch invisible zipper
- ☐ Hook and eye closure
- ☐ Sharp fabric shears
- ☐ Measuring tape
- ☐ Iron and pressing ham

PATTERN INVENTORY & CUTTING LAYOUT

STANDARD SEAM & HEM ALLOWANCES

Use the seam and hem allowances printed on each pattern piece. Verify every allowance label before cutting fabric.

PATTERN PIECE INVENTORY & CUTTING SCHEDULE

Piece Name	Cut Quantity	Material / Interfacing
Wrap Front Bodice	Cut 1 Pair	Main Fabric
Back Bodice	Cut 1 on Fold	Main Fabric
Flared Wrap Skirt	Cut 2 Front, 1 Back on Fold	Main Fabric
Short Sleeve	Cut 1 Pair	Main Fabric
Waist Tie Belt	Cut 2 in Self Fabric	Main Fabric

FABRIC PREPARATION & CUTTING RULES

- Press fabric before cutting to remove packing folds and pre-shrink fibers.
- Align piece grainlines strictly parallel to fabric selvages.
- Transfer notch markings with small 3 mm snips into the seam allowance margin.

MULTI-PAGE TILE ASSEMBLY INSTRUCTIONS

1. Check Sheet 1 calibration square before printing the remaining pattern sheets.
2. Trim right and bottom border lines along the dashed perimeter frame.
3. Match corner crosshairs, such as A1 to A2 and B1 to B2, without overlapping.
4. Tape sheets securely on both sides before cutting paper pieces.

STEP-BY-STEP SEWING INSTRUCTIONS

Step 1: Cutting and Marking

Cut front bodice panels, back bodice on fold, flared skirt panels, short sleeves, and waist tie sash. Press seam allowances.

Step 2: Bodice Assembly

Stitch bust shaping and join shoulder seams with right sides facing. Press seam allowances.

Step 3: Set Sleeves

Set short sleeves into armholes, aligning balance notches. Press seam allowances.

Step 4: Side Seams and Skirt

Sew side seams from sleeve hem through bodice. Assemble flared skirt panels and join skirt to bodice at waistline. Press seam allowances.

Step 5: Waist Ties and Hem

Attach waist tie belts, finish neckline with narrow binding, and stitch wide double-turn midi hem. Press seam allowances.

TROUBLESHOOTING & PRO SEWING TIPS

Issue: Seams puckering along stitch line

Fix: Insert fresh needle and test balance on fabric scrap.

Issue: Wavy edge along curved perimeter

Fix: Staystitch immediately after cutting and use walking foot.