

Peplum Button-Down Blouse

Peplum Button-Down Blouse Verified open pattern specification

Garment Type: Button-Down Blouse | Difficulty: Confident Beginner | Provenance: Threadline Open Design Studio | License: CC BY-SA 4.0

PRINTER CALIBRATION & SCALE VERIFICATION

Measure both test squares with a rigid ruler before cutting fabric. Print at 100% scale without shrinking.



- Scale Rules:
- 1. Open in Acrobat Reader
 - 2. Select Actual Size 100%
 - 3. Do NOT Fit to Page
 - 4. Verify dimensions above

SIZE SELECTION & EASE RECOMMENDATIONS

Select size corresponding to full chest/bust measurement. Compare bicep circumference for comfortable sleeve fit.

Tailored shirts incorporate +10 to +14 cm chest ease for relaxed everyday movement and layering.

STANDARD BODY MEASUREMENTS CHART

Size Range	XS	S	M	L	XL	2XL	3XL
Full Bust/Chest	80 cm	86 cm	92 cm	98 cm	108 cm	118 cm	128 cm
Full Hip / Seat	88 cm	94 cm	100 cm	106 cm	116 cm	126 cm	136 cm

FINISHED MEASUREMENTS & MATERIALS

FINISHED GARMENT MEASUREMENTS (INCLUDES DESIGN EASE)

Dimension	XS	S	M	L	XL	2XL	3XL
Finished Chest	90 cm	96 cm	102 cm	108 cm	118 cm	128 cm	138 cm
Hem Sweep	126 cm	132 cm	138 cm	144 cm	156 cm	168 cm	180 cm
Garment Length	58 cm	60 cm	62 cm	64 cm	66 cm	68 cm	70 cm

FABRIC REQUIREMENTS (45 IN / 115 CM & 60 IN / 150 CM BOLTS)

Bolt Width	XS	S	M	L	XL	2XL	3XL
45" / 115 cm Fabric	2.1 yd	2.1 yd	2.1 yd	2.4 yd	2.4 yd	2.75 yd	2.75 yd
60" / 150 cm Fabric	1.65 yd	1.65 yd	1.65 yd	1.95 yd	1.95 yd	2.3 yd	2.3 yd

RECOMMENDED FABRICS & STRETCH PROPERTIES

Recommended Substrates: Cotton poplin, Oxford cloth, linen, or chambray. Stretch Requirement: None 0% stable woven.

NOTIONS & SEWING TOOLS CHECKLIST

- ☐ Matching all-purpose polyester or cotton sewing thread
- ☐ Universal sewing needle size 80/12
- ☐ 10 to 12 mm shirt buttons 8 to 10 count
- ☐ Lightweight fusible interfacing for collar and cuffs
- ☐ Sharp fabric shears
- ☐ Measuring tape
- ☐ Iron and pressing ham

PATTERN INVENTORY & CUTTING LAYOUT

STANDARD SEAM & HEM ALLOWANCES

Use the seam and hem allowances printed on each pattern piece. Verify every allowance label before cutting fabric.

PATTERN PIECE INVENTORY & CUTTING SCHEDULE

Piece Name	Cut Quantity	Material / Interfacing
Peplum Front Bodice	Cut 1 Pair	Main Fabric
Back Bodice	Cut 1 on Fold	Main Fabric
Sleeve	Cut 1 Pair	Main Fabric
Peplum Flounce	Cut 1 Pair Front, 1 Back on Fold	Main Fabric

FABRIC PREPARATION & CUTTING RULES

- Press fabric before cutting to remove packing folds and pre-shrink fibers.
- Align piece grainlines strictly parallel to fabric selvages.
- Transfer notch markings with small 3 mm snips into the seam allowance margin.

MULTI-PAGE TILE ASSEMBLY INSTRUCTIONS

1. Check Sheet 1 calibration square before printing the remaining pattern sheets.
2. Trim right and bottom border lines along the dashed perimeter frame.
3. Match corner crosshairs, such as A1 to A2 and B1 to B2, without overlapping.
4. Tape sheets securely on both sides before cutting paper pieces.

STEP-BY-STEP SEWING INSTRUCTIONS

Step 1: Cutting and Darts

Cut peplum front bodice panels, back bodice on fold, sleeves, and flared peplum flounce panels.

Step 2: Bodice Darts

Stitch bust and waist darts on front bodice panels, pressing fullness toward center.

Step 3: Shoulders and Sleeves

Join shoulder seams and attach sleeves to armholes with right sides facing.

Step 4: Side Seams

Sew side seams from sleeve hem through bodice waistline.

Step 5: Peplum Flounce and Buttons

Attach peplum flounce to lower bodice waistline, fold front button plackets, sew buttonholes, and hem peplum.

TROUBLESHOOTING & PRO SEWING TIPS

Issue: Seams puckering along stitch line

Fix: Insert fresh needle and test balance on fabric scrap.

Issue: Wavy edge along curved perimeter

Fix: Staystitch immediately after cutting and use walking foot.