

Smocked Bodice Sundress

Smocked Bodice Sundress Verified open pattern specification

Garment Type: Bodice Sundress | Difficulty: Confident Beginner | Provenance: Threadline Open Design Studio | License: CC BY-SA 4.0

PRINTER CALIBRATION & SCALE VERIFICATION

Measure both test squares with a rigid ruler before cutting fabric. Print at 100% scale without shrinking.



- Scale Rules:
- 1. Open in Acrobat Reader
 - 2. Select Actual Size 100%
 - 3. Do NOT Fit to Page
 - 4. Verify dimensions above

SIZE SELECTION & EASE RECOMMENDATIONS

Select size based on high bust and full bust measurement.
+6 to +10 cm bust ease; skirt panel flares generously over hips.

STANDARD BODY MEASUREMENTS CHART

Size Range	XS	S	M	L	XL	2XL	3XL
Natural Waist	62 cm	68 cm	74 cm	80 cm	90 cm	100 cm	110 cm
Full Hip / Seat	88 cm	94 cm	100 cm	106 cm	116 cm	126 cm	136 cm

FINISHED MEASUREMENTS & MATERIALS

FINISHED GARMENT MEASUREMENTS (INCLUDES DESIGN EASE)

Dimension	XS	S	M	L	XL	2XL	3XL
Finished Waist	64 cm	70 cm	76 cm	82 cm	92 cm	102 cm	112 cm
Finished Hip	110 cm	116 cm	122 cm	128 cm	138 cm	148 cm	158 cm
Garment Length	110 cm	111 cm	112 cm	113 cm	115 cm	117 cm	119 cm

FABRIC REQUIREMENTS (45 IN / 115 CM & 60 IN / 150 CM BOLTS)

Bolt Width	XS	S	M	L	XL	2XL	3XL
45" / 115 cm Fabric	2.75 yd	2.75 yd	2.75 yd	3.15 yd	3.15 yd	3.6 yd	3.6 yd
60" / 150 cm Fabric	2.2 yd	2.2 yd	2.2 yd	2.6 yd	2.6 yd	3.05 yd	3.05 yd

RECOMMENDED FABRICS & STRETCH PROPERTIES

Recommended Substrates: Lightweight to medium-weight suitable fabric substrates, Pre-washed natural fibers cotton, linen, or bamboo. Stretch Requirement: None 0% stable woven.

NOTIONS & SEWING TOOLS CHECKLIST

- ☐ Matching all-purpose polyester or cotton sewing thread
- ☐ Universal sewing needle size 80/12
- ☐ 18 to 22 inch invisible zipper
- ☐ Hook and eye closure
- ☐ Sharp fabric shears
- ☐ Measuring tape
- ☐ Iron and pressing ham

PATTERN INVENTORY & CUTTING LAYOUT

STANDARD SEAM & HEM ALLOWANCES

Use the seam and hem allowances printed on each pattern piece. Verify every allowance label before cutting fabric.

PATTERN PIECE INVENTORY & CUTTING SCHEDULE

Piece Name	Cut Quantity	Material / Interfacing
One-Hour Dress Body	Cut 2 on Fold (1 Front, 1 Back)	Main Fabric
Tie Sash Belt	Cut 1 on Fold	Main Fabric

FABRIC PREPARATION & CUTTING RULES

- Press fabric before cutting to remove packing folds and pre-shrink fibers.
- Align piece grainlines strictly parallel to fabric selvages.
- Transfer notch markings with small 3 mm snips into the seam allowance margin.

MULTI-PAGE TILE ASSEMBLY INSTRUCTIONS

1. Check Sheet 1 calibration square before printing the remaining pattern sheets.
2. Trim right and bottom border lines along the dashed perimeter frame.
3. Match corner crosshairs, such as A1 to A2 and B1 to B2, without overlapping.
4. Tape sheets securely on both sides before cutting paper pieces.

STEP-BY-STEP SEWING INSTRUCTIONS

Step 1: Preparation and Cutting

Cut sundress body panels on fold and self-fabric shoulder tie straps/sash.

Step 2: Bodice Shirring

Wind bobbin with elastic thread and sew parallel rows of shirring across bodice area until gathered to fit.

Step 3: Side Seams

Sew side seams with right sides facing, taking care to secure shirring thread tails.

Step 4: Shoulder Straps

Fold shoulder tie straps lengthwise, stitch, turn right side out, and attach to upper bodice corners.

Step 5: Hem and Steam

Turn and press double-fold hem along bottom skirt edge and steam to set shirring gathers.

TROUBLESHOOTING & PRO SEWING TIPS

Issue: Seams puckering along stitch line

Fix: Insert fresh needle and test balance on fabric scrap.

Issue: Wavy edge along curved perimeter

Fix: Staystitch immediately after cutting and use walking foot.