

Simone Classic Tailored Blouse

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Garment Type: Tailored Woven Blouse | Difficulty: Intermediate | Provenance: FreeSewing | License: MIT / CC BY 4.0

PRINTER CALIBRATION & SCALE VERIFICATION

Measure both test squares with a rigid ruler before cutting fabric. Print at 100% scale without shrinking.



- Scale Rules:
- 1. Open in Acrobat Reader
 - 2. Select Actual Size 100%
 - 3. Do NOT Fit to Page
 - 4. Verify dimensions above

SIZE SELECTION & EASE RECOMMENDATIONS

Select size corresponding to full chest/bust measurement. Compare bicep circumference for comfortable sleeve fit.

Tailored shirts incorporate +10 to +14 cm chest ease for relaxed everyday movement and layering.

STANDARD BODY MEASUREMENTS CHART

Size Range	XS	S	M	L	XL	2XL	3XL
Full Bust/Chest	80 cm	86 cm	92 cm	98 cm	108 cm	118 cm	128 cm
Full Hip / Seat	88 cm	94 cm	100 cm	106 cm	116 cm	126 cm	136 cm

FINISHED MEASUREMENTS & MATERIALS

FINISHED GARMENT MEASUREMENTS (INCLUDES DESIGN EASE)

Dimension	XS	S	M	L	XL	2XL	3XL
Finished Chest	88 cm	94 cm	100 cm	106 cm	116 cm	126 cm	136 cm
Hem Sweep	94 cm	100 cm	106 cm	112 cm	122 cm	132 cm	142 cm
Garment Length	64 cm	65 cm	66 cm	67 cm	69 cm	71 cm	73 cm

FABRIC REQUIREMENTS (45 IN / 115 CM & 60 IN / 150 CM BOLTS)

Bolt Width	XS	S	M	L	XL	2XL	3XL
45" / 115 cm Fabric	1.95 yd	1.95 yd	1.95 yd	2.3 yd	2.3 yd	2.6 yd	2.6 yd
60" / 150 cm Fabric	1.65 yd	1.65 yd	1.65 yd	1.85 yd	1.85 yd	2.2 yd	2.2 yd

RECOMMENDED FABRICS & STRETCH PROPERTIES

Recommended Substrates: Cotton poplin, Oxford cloth, linen, or chambray. Stretch Requirement: None 0% stable woven.

NOTIONS & SEWING TOOLS CHECKLIST

- ☐ Matching all-purpose polyester or cotton sewing thread
- ☐ Universal sewing needle size 80/12
- ☐ 10 to 12 mm shirt buttons 8 to 10 count
- ☐ Lightweight fusible interfacing for collar and cuffs
- ☐ Sharp fabric shears
- ☐ Measuring tape
- ☐ Iron and pressing ham

PATTERN INVENTORY & CUTTING LAYOUT

STANDARD SEAM & HEM ALLOWANCES

Use the seam and hem allowances printed on each pattern piece. Verify every allowance label before cutting fabric.

PATTERN PIECE INVENTORY & CUTTING SCHEDULE

Piece Name	Cut Quantity	Material / Interfacing
Blouse Front with Darts	Cut 1 Pair with Button Placket	Main Fabric
Blouse Back Bodice	Cut 1 on Fold	Main Fabric
Back Yoke	Cut 2 on Fold (1 Outer, 1 Facing)	Main Fabric
Blouse Sleeve	Cut 1 Pair	Main Fabric
Collar Leaf	Cut 2 (1 Interfaced)	Main Fabric
Collar Stand	Cut 2 (1 Interfaced)	Main Fabric
Sleeve Cuffs	Cut 2 Pairs in Fabric, 1 Interfacing	Main Fabric
Sleeve Plackets	Cut 2 in Fabric	Main Fabric

FABRIC PREPARATION & CUTTING RULES

- Press fabric before cutting to remove packing folds and pre-shrink fibers.
- Align piece grainlines strictly parallel to fabric selvages.
- Transfer notch markings with small 3 mm snips into the seam allowance margin.

MULTI-PAGE TILE ASSEMBLY INSTRUCTIONS

1. Check Sheet 1 calibration square before printing the remaining pattern sheets.
2. Trim right and bottom border lines along the dashed perimeter frame.
3. Match corner crosshairs, such as A1 to A2 and B1 to B2, without overlapping.
4. Tape sheets securely on both sides before cutting paper pieces.

STEP-BY-STEP SEWING INSTRUCTIONS

Step 1: Interface and Mark the Blouse

Apply lightweight fusible interfacing to one Collar Leaf, one Collar Stand, the outer Sleeve Cuffs, and the marked front placket areas. Transfer every bust dart, waist-shaping dart, yoke notch, sleeve pleat, and button placement before removing the paper pattern.

Step 2: Sew the Front and Back Darts

Fold each dart right sides together along its marked legs and stitch from the wide end to the point. Secure the point without backstitching. Press bust darts downward and waist darts toward center, then compare the paired darts for equal length.

Step 3: Form the Blouse Button Plackets

Fold the integrated placket on each Blouse Front along the printed fold lines, press, and edge-stitch the inner folded edge. Place the two fronts together to confirm that the finished lengths and overlap markings match.

Step 4: Attach the Back Yoke

Sandwich the upper edge of the Blouse Back Bodice between the outer and inner Back Yoke pieces right sides together. Stitch the seam, turn the yokes upward, and press without flattening the back waist darts.

Step 5: Join the Blouse Shoulder Seams

Pin each front shoulder to the outer Back Yoke right sides together and stitch. Enclose both shoulder seams with the inner yoke using the burrito method, turn the blouse right side out, and press the completed shoulder seams.

Step 6: Construct the Collar and Stand

Stitch the Collar Leaf pieces right sides together, trim the corners, turn, press, and topstitch. Baste the collar between the Collar Stand pieces, sew the stand around the collar, then attach the outer stand to the neckline and edge-stitch the folded inner stand in place.

Step 7: Prepare the Bound Sleeve Plackets

Transfer each sleeve slash and wrist pleat. Apply a Sleeve Placket to the marked slash, cut only to the reinforced point, turn the binding through, and edge-stitch it flat. Baste the wrist pleats in the marked direction.

Step 8: Set Sleeves and Close Side Seams

Set each Blouse Sleeve into the closed armhole, matching cap and armhole notches and easing only between the marked points. Stitch and finish the armhole seam, then sew each sleeve underarm and blouse side seam continuously with right sides together. Press seam allowances toward the back.

Step 9: Attach Cuffs and Hem the Blouse

Construct each interfaced Sleeve Cuff, attach its outer layer to the pleated wrist, and edge-stitch the folded inner edge over the seam. Turn and stitch the blouse hem evenly, keeping both front placket ends the same length.

Step 10: Add Blouse Buttonholes and Buttons

Mark closures from the printed pattern after the blouse has cooled from pressing. Sew buttonholes on the designated front overlap, collar stand, and cuffs, then attach matching buttons to the corresponding underlap positions.

TROUBLESHOOTING & PRO SEWING TIPS

Issue: Seams puckering along stitch line

Fix: Insert fresh needle and test balance on fabric scrap.

Issue: Wavy edge along curved perimeter

Fix: Staystitch immediately after cutting and use walking foot.