

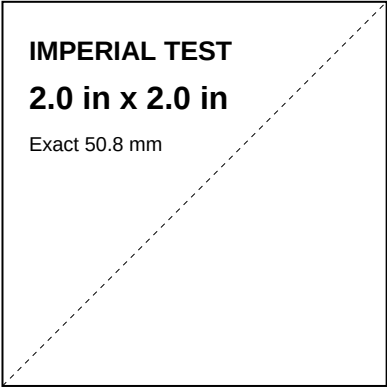
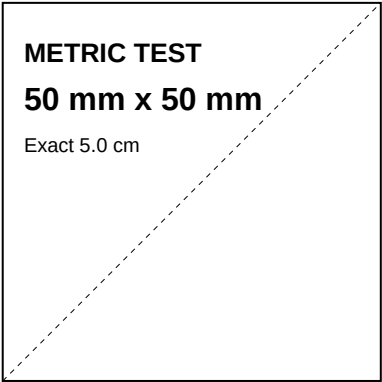
Fitted Mockneck Top

A sleek 90s-inspired minimalist mock turtleneck top designed for high-stretch knits

Garment Type: Knit Top | Difficulty: Beginner | Provenance: Threadline Open Design Studio | License: CC BY-SA 4.0

PRINTER CALIBRATION & SCALE VERIFICATION

Measure both test squares with a rigid ruler before cutting fabric. Print at 100% scale without shrinking.



- Scale Rules:
- 1. Open in Acrobat Reader
 - 2. Select Actual Size 100%
 - 3. Do NOT Fit to Page
 - 4. Verify dimensions above

SIZE SELECTION & EASE RECOMMENDATIONS

Drafted with negative ease to achieve a smooth second-skin fit. Select size corresponding to your bust measurement.

Negative ease of -4 cm -1.6" to zero ease for a sleek, figure-skimming second-skin silhouette.

STANDARD BODY MEASUREMENTS CHART

Size Range	XS	S	M	L	XL	2XL	3XL
Full Bust/Chest	80 cm	86 cm	94 cm	102 cm	112 cm	122 cm	132 cm
Full Hip / Seat	88 cm	94 cm	102 cm	110 cm	120 cm	130 cm	142 cm

FINISHED MEASUREMENTS & MATERIALS

FINISHED GARMENT MEASUREMENTS (INCLUDES DESIGN EASE)

Dimension	XS	S	M	L	XL	2XL	3XL
Finished Chest	76 cm	82 cm	90 cm	98 cm	108 cm	118 cm	128 cm
Hem Sweep	78 cm	84 cm	92 cm	100 cm	110 cm	120 cm	130 cm
Garment Length	58 cm	59.5 cm	61 cm	62.5 cm	64 cm	65.5 cm	67 cm

FABRIC REQUIREMENTS (45 IN / 115 CM & 60 IN / 150 CM BOLTS)

Bolt Width	XS	S	M	L	XL	2XL	3XL
45" / 115 cm Fabric	1.8 yd	1.8 yd	1.8 yd	2.1 yd	2.1 yd	2.4 yd	2.4 yd
60" / 150 cm Fabric	1.4 yd	1.4 yd	1.4 yd	1.6 yd	1.6 yd	1.9 yd	1.9 yd

RECOMMENDED FABRICS & STRETCH PROPERTIES

Recommended Substrates: Rib-knit 2x2 or 4x2 rib with 5% elastane/spandex, Cotton-spandex or bamboo jersey 200 240 gsm, Modal stretch jersey or micro-rib.

Stretch Requirement: 50% 4-way stretch with minimum 80% recovery.

NOTIONS & SEWING TOOLS CHECKLIST

- ☐ Stretch machine needle size 75/11
- ☐ Polyester thread
- ☐ Clear elastic for shoulder stabilization
- ☐ Sharp fabric shears
- ☐ Measuring tape
- ☐ Iron and pressing ham

PATTERN INVENTORY & CUTTING LAYOUT

STANDARD SEAM & HEM ALLOWANCES

Use the seam and hem allowances printed on each pattern piece. Verify every allowance label before cutting fabric.

PATTERN PIECE INVENTORY & CUTTING SCHEDULE

Piece Name	Cut Quantity	Material / Interfacing
Front Bodice	Cut 1 on fold	Main Fabric
Back Bodice	Cut 1 on fold	Main Fabric
Long Sleeve	Cut 1 pair	Main Fabric
Mockneck Collar Band	Cut 1 on fold	Main Fabric

FABRIC PREPARATION & CUTTING RULES

- Lay patterns along crosswise grain with highest stretch percentage.

MULTI-PAGE TILE ASSEMBLY INSTRUCTIONS

1. Check Sheet 1 calibration square before printing the remaining pattern sheets.
2. Trim right and bottom border lines along the dashed perimeter frame.
3. Match corner crosshairs, such as A1 to A2 and B1 to B2, without overlapping.
4. Tape sheets securely on both sides before cutting paper pieces.

STEP-BY-STEP SEWING INSTRUCTIONS

Step 1: Stabilize & Sew Shoulders

Align Front Bodice and Back Bodice right sides together. Stitch shoulder seams right sides together incorporating clear elastic. Press seam allowances toward back.

Step 2: Attach Mockneck Band

Fold neckband in half lengthwise. Stretch evenly around high neck opening and stitch with serger. Press seam allowance down.

Step 3: Set Sleeves & Side Seams

Insert sleeves flat into armholes right sides together. Sew continuous sleeve and side seams from wrist to hem right sides together, and press seam allowances.

Step 4: Twin-Needle Hemming

Turn under 2 cm at sleeve openings and bottom edge. Hem with twin needle or zigzag stitch.

TROUBLESHOOTING & PRO SEWING TIPS

Issue: Mockneck rolls downward

Fix: Use knit with at least 5% spandex/elastane for crisp upright retention.