

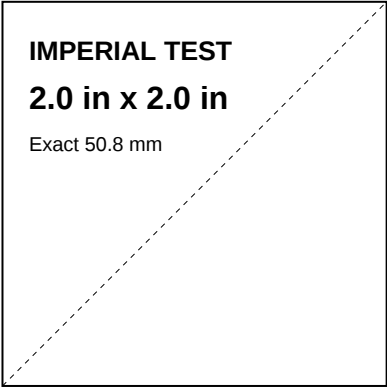
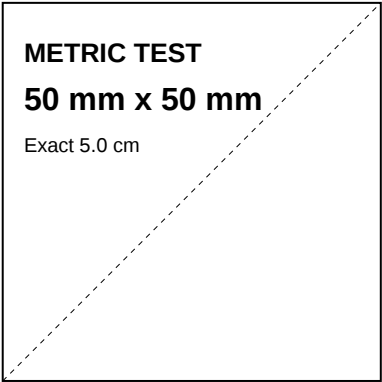
Simple Knit Tee

The foundational everyday t-shirt with classic crew neckline, rib neckband, and set-in short sleeves

Garment Type: Knit T-Shirt | Difficulty: Confident Beginner | Provenance: Threadline In-House | License: CC BY 4.0

PRINTER CALIBRATION & SCALE VERIFICATION

Measure both test squares with a rigid ruler before cutting fabric. Print at 100% scale without shrinking.



Scale Rules:

- 1. Open in Acrobat Reader
- 2. Select Actual Size 100%
- 3. Do NOT Fit to Page
- 4. Verify dimensions above

SIZE SELECTION & EASE RECOMMENDATIONS

Constructed with +4 cm +1.6" of gentle ease over the full bust for a classic semi-fitted look. If you prefer a tight fit, choose one size smaller than your body measurement. Test your knit fabric stretch on our 10cm ruler guide before cutting.

+4 cm +1.6" ease at bust for comfortable knit wear without clinging.

STANDARD BODY MEASUREMENTS CHART

Size Range	XS	S	M	L	XL	2XL	3XL
Full Bust/Chest	80 cm	86 cm	94 cm	102 cm	112 cm	122 cm	132 cm
Full Hip / Seat	88 cm	94 cm	102 cm	110 cm	120 cm	130 cm	142 cm

FINISHED MEASUREMENTS & MATERIALS

FINISHED GARMENT MEASUREMENTS (INCLUDES DESIGN EASE)

Dimension	XS	S	M	L	XL	2XL	3XL
Finished Chest	84 cm	90 cm	98 cm	106 cm	116 cm	126 cm	136 cm
Hem Sweep	88 cm	94 cm	102 cm	110 cm	120 cm	130 cm	140 cm
Garment Length	60 cm	61 cm	62.5 cm	64 cm	65.5 cm	67 cm	68.5 cm

FABRIC REQUIREMENTS (45 IN / 115 CM & 60 IN / 150 CM BOLTS)

Bolt Width	XS	S	M	L	XL	2XL	3XL
45" / 115 cm Fabric	1.5 yd	1.5 yd	1.5 yd	1.9 yd	1.9 yd	2.2 yd	2.2 yd
60" / 150 cm Fabric	1.2 yd	1.2 yd	1.2 yd	1.4 yd	1.4 yd	1.65 yd	1.65 yd

RECOMMENDED FABRICS & STRETCH PROPERTIES

Recommended Substrates: Cotton jersey with 5% elastane/spandex 180 210 gsm for best shape retention, Bamboo viscose or modal jersey for silky touch and supple drape, 100% Ring-spun cotton jersey with stretch allowance checked, 1x1 rib knit fabric for the neckband strip. Stretch Requirement: Minimum 20% horizontal stretch with minimum 80% recovery.

NOTIONS & SEWING TOOLS CHECKLIST

- ☐ All-purpose polyester thread or woolly nylon for serger loopers
- ☐ Clear elastic or twill tape 0.3 m for stabilizing shoulder seams
- ☐ Twin stretch needle 4.0 mm width or stretch ballpoint needle size 75/11 or 80/12
- ☐ Sharp fabric shears
- ☐ Measuring tape
- ☐ Iron and pressing ham

PATTERN INVENTORY & CUTTING LAYOUT

STANDARD SEAM & HEM ALLOWANCES

Use the seam and hem allowances printed on each pattern piece. Verify every allowance label before cutting fabric.

PATTERN PIECE INVENTORY & CUTTING SCHEDULE

Piece Name	Cut Quantity	Material / Interfacing
Front Bodice	Cut 1 on fold	Main Fabric
Back Bodice	Cut 1 on fold	Main Fabric
Short Sleeve	Cut 2 (1 pair)	Main Fabric
Neckband Strip	Cut 1	Main Fabric

FABRIC PREPARATION & CUTTING RULES

- Do not allow knit fabric to hang over the table edge when cutting, as weight will distort the grain.
- Use rotary cutter and weights rather than pins to prevent dragging knit fibers.

MULTI-PAGE TILE ASSEMBLY INSTRUCTIONS

1. Check Sheet 1 calibration square before printing the remaining pattern sheets.
2. Trim right and bottom border lines along the dashed perimeter frame.
3. Match corner crosshairs, such as A1 to A2 and B1 to B2, without overlapping.
4. Tape sheets securely on both sides before cutting paper pieces.

STEP-BY-STEP SEWING INSTRUCTIONS

Step 1: Stabilize and Sew Shoulders

Place clear elastic or twill tape along back shoulder seam inside seam allowance. With right sides together, stitch shoulders using a narrow zigzag 0.5 mm width, 2.5 mm length or serger at 1.0 cm 3/8". Press toward back.

Step 2: Prepare and Attach Neckband

Fold neckband strip right sides together matching short ends; stitch at 6 mm to form loop. Press loop wrong sides together lengthwise. Mark quarters on neckband and neckline. Pin matching marks. Stitch neckband to neckline stretching ONLY the band, not the garment neckline. Press seam allowance down and steam thoroughly.

Step 3: Insert Sleeves Flat

With bodice open flat right side up, align sleeve cap to armhole right sides together. Match center notch to shoulder seam. Stitch at 1.0 cm 3/8" and press toward sleeve.

Step 4: Stitch Side Seams and Sleeves

Pin from sleeve hem down through underarm to body hem. Stitch in one continuous seam at 1.0 cm 3/8". Press toward back.

Step 5: Hem with Twin Needle or Stretch Stitch

Press sleeve hems up 2.5 cm and lower body hem up 2.5 cm. Pin or use fusible wash-away tape. From the right side, topstitch using a twin needle 4.0 mm or a subtle zigzag stitch. Give final press.

TROUBLESHOOTING & PRO SEWING TIPS

Issue: Neckband ripples and sticks out like a funnel

Fix: Unpick band, shorten by 2-3 cm standard ratio is 80-85% of neckline perimeter for ribbing, and reinstall with even quarter-stretching.

Issue: Wavy rippling along twin needle hem line

Fix: Loosen presser foot pressure, use wash-away hem tape to stabilize the edge, and press heavily with steam.